

Galway Medical Centre

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Dr Chris Mkandala

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Nurse Led Menopause Clinic – Medicare Funded

Comprehensive Menopause Care

Menopause is a natural transition, but you do not have to navigate the symptoms alone. We offer tailored treatment plans to help you feel like yourself again.

- **Symptom management:** Relief for hot flashes, night sweats, mood swings, insomnia, vaginal health, and incontinence.
- **Hormone Replacement Therapy (HRT):** Personalized evaluations to determine if HRT is safe and effective for you.
- **Long-term health monitoring:** Specialized bone density screenings and cardiovascular health tracking to prevent osteoporosis and heart disease post-menopause.

Fee: Bulk Billed to Medicare

Why Choose Our Clinic?

Feature	What We Offer
Patient-Centred	We listen to your concerns and customize care to your unique body.
Comfortable Space	A warm, welcoming clinic environment designed to reduce medical anxiety.
Dedicated Time	40 minutes dedicated to your concerns about your wellbeing

Take Control of Your Health Today

Do not put your well-being on the back burner. Booking an appointment is a quick step that secures peace of mind for your future.

-  **Call us directly** on 8351 2211 to speak with our receptionist.